

Kiveton Park Primary Care Centre Patient Participation Group

Wednesday 17th July 2019

Attendees: Keith Emsden, Helen Greer-Waring, Alicia Higgins, Marsha Raynes, Ron Law, Mike Brabbs, Debbie Coates, Lewis Coates, Sister Lyca Downing, Jean Hirst

Apologies: Barry Winterbottom, Sandra Williams, Becky Clowes

1. Welcome and Apologies

Keith welcomed everyone to the meeting.

2. Minutes of June Meeting and Approval

The minutes of the June meeting were approved by the group.

3. Any Matters Arising

All the matters arising are covered in the agenda.

4. Treasurer's Report

Barry sent his apologies.

The bank balance remains the same. He is just waiting for the cheque from the Surgery.

5. Vice Chair / Secretary's Report

None.

6. Update from Rotherham PPG Network Meeting – Sandra

No update.

7. News From the Surgery

The CRY heart screening will take place at the surgery on Sunday 15th September 2019. Anyone can be tested from 15 years to 35 years.

There is going to be a change in the area that the surgery covers. This area is going to be made smaller. This is only going to affect a small number of patients at the surgery, who have all been notified of the change.

Every 6 weeks the doctors, nurses and staff are running the park run and are inviting patients to join them. This will start on Saturday 3rd August at 9am at Rother Valley. Anyone is welcome to join them.

The Macmillan coffee morning will be held on Friday 13th September 2019. Any cakes will be welcomed.

8. Guest Speaker – Lewis Coates – Stress Management of Sixth Form Students

Lewis is a student, who has recently completed a Masters Degree in 'Stress Management of Sixth Form Students'.

Sixth Form is unique to the UK and although many other countries have similar things to Sixth Form, there isn't an identical institution to sixth form. This has resulted in only 2 studies into sixth forms.

While conducting his research, Lewis spoke to both staff and students involved in sixth form.

Different countries prepare students for the other side of university life, e.g. cooking, cleaning, money management etc. Whereas sixth form focuses on the academic side of university.

Lewis concluded with some points including:

- Sixth form being the perfect area to research.
- He would aim to be able to develop specific support for sixth form students.
- Also sixth form is a rich and unexplored area that could provide excellent results for the fields of mental health, wellbeing and stress management for future students.

The group found the presentation very interesting as many know people or have themselves attended sixth form.

9. Date of next meeting – Wednesday 18th September 2019

The next meeting will be held on the 18th September 2019 where Helen and Alicia will be talking about emergency treatment.

10. Any Other Important Business

Keith recently attended the Healthy Rotherham Meeting. At this meeting there were various stands in the morning followed by the CCG AGM in the afternoon. While Keith was at the meeting he spoke to a lady called Steph, who is willing to come and talk to the group about emergency adult placement. The group agreed it would be an interesting presentation so Keith is arranging for her to come and speak to the group.

Also there has been a revised GP strategy for Rotherham, which the CCG has come up with. The surgery will be receiving this shortly.

The meeting closed at 6:45pm.